

help and how you can let them help.

DAY 6:

My Lifelines

There are people in our lives that always offer to help. Sometimes they do it just with their presence (whether in person or from a far) and others help by doing. We actually need a balance of both kinds. Identify 3 people that can (or offer to)

Who:	
	How:
	Vannamanamanamanamanamanamanamanamanaman
2	How:
Who:	
3	How: